

**Resources** (List of organizations and resources recommended by local families).

## **Forsyth County**

### **ABC of NC CHILD DEVELOPMENTAL CENTER**

A non-public, not-for-profit center providing quality individualized diagnostic, therapeutic, and educational services using evidence-based practices in the field of autism spectrum disorders. Contact: 336-251-1180.

### **AMOS COTTAGE CHILDREN'S TREATMENT PROGRAM**

#### **CHILD DEVELOPMENT SERVICES AGENCY (CDSA)**

The CDSA, located at Amos Cottage, is charged with the responsibility of providing evaluations for infants and toddlers, birth to age three, and Service Coordination for their families. The agency runs on the interdisciplinary model and has a variety of specialists in the pediatric field. The Winston-Salem CDSA serves families in Forsyth, Stokes, Davie, Surry, Yadkin and Davidson counties. The CDSA is operated under a contractual agreement between Wake Forest University Medical School and North Carolina's Infant-Toddler program. There is no fee for evaluation and Service Coordination services. For more information, visit their website at [www.brennerchildrens.org/CDSA](http://www.brennerchildrens.org/CDSA) or call (336) 713-7412.

#### **WAKE FOREST UNIVERSITY PHYSICIANS – PRIVATE PATIENT REFERRALS BY A PHYSICIAN'S OFFICE**

Dr. Klinepeter (Medical Director, Developmental Pediatrician), Dr. Christiaanse (Developmental Pediatrician), and Dr. Laura Hans specialize in static encephalopathies and diagnoses such as mental retardation, cerebral palsy, Down syndrome, autism, learning disabilities, or syndromes in relation to neurodevelopmental disabilities.

#### **KIDS-EAT**

Pediatric Eating, Assessment & Treatment Program, for oral feeding disorders. Contact: 366-713-7429.

#### **Augmentative Communication and Assistive Learning Clinic:**

Multidisciplinary program that offers prescriptive evaluations, treatment, and outreach services to children with expressive language impairments. Contact 336-713-4500.

#### **THERAPEUTIC DAY PROGRAM**

This program provides a supportive treatment setting for children ages three through seven behavioral/emotional disorders. Counseling and training structured around the child's needs are provided to caregivers. The program has many different types of group therapies including recreational, behavior, educational, and music therapy. To make a referral or to see if your child qualifies for this program call (336) 713-7493 and ask for the Therapeutic Day social worker.

### **AUTISM SOCIETY OF NORTH CAROLINA - Davie/Forsyth Chapter**

This organization offers Parents Night Out, support groups, informational membership meetings, seminars, workshops, and Camp Imagine.

[davieforsythchapter@autismsociety-nc.org](mailto:davieforsythchapter@autismsociety-nc.org). Facebook Group:  
[www.facebook.com/groups/asnc.davie.forsyth](http://www.facebook.com/groups/asnc.davie.forsyth)

### **BASEBALL**

Challenger Baseball League of Southwest Forsyth Little League. Contact:  
Kris Drum at 336-407-6257

### **BEGINNINGS FOR PARENTS OF HEARING-IMPAIRED CHILDREN**

Beginnings provides emotional support & access to information as a central resource for families whose children, birth to age 21, are deaf or hard of hearing. 1-800-556-2796; [www.ncbegin.org](http://www.ncbegin.org)

### **CAMPS AND SUMMER PROGRAMS**

Contact the Family Support Network for a free Resource Guide for Families with Children who have Special Needs. Call 800-852-0042 or download from [www.fsnn.org](http://www.fsnn.org)

### **CARE COORDINATION/SERVICE COORDINATION**

CDSA (see Amos Cottage section)

Cardinal Innovations (see Cardinal Innovations section)

### **CARDINAL INNOVATIONS**

Cardinal Innovations does not provide direct clinical services. It is the Local Management Entity/Managed Care Organization contracting with providers of

services in: Alamance, Cabarrus, Caswell, Chatham, Davidson, Davie, Forsyth, Franklin, Granville, Halifax, Mecklenburg, Orange, Rockingham, Person, Rowan, Stanly, Stokes, Union, Vance and Warren. Forsyth, Stokes, Davie and Rockingham counties. Cardinalinnovations.org or 1-800-939-5911

Cardinal Innovations Community Operations Department works closely with Developmental Disabilities Advisory Committee, and with the Consumer and Family Advisory Committee (CFAC). Both are consumer-driven committees that provide an advisory function to Cardinal administration. All meetings are open and families may join and participate. For more information or visit the website [www.cardinalinnovations.org](http://www.cardinalinnovations.org)

### **INNOVATIONS WAIVER (previously CAP/IDD)**

The NC Innovations Waiver provides services and supports to individuals with intellectual and developmental disabilities to have a life in the community of their choice, which includes where they live, how they spend their day, have fun and build relationships. Waiver provide access to Medicaid funding for eligible individuals for whom states may “waive” certain Medicaid requirements. Provisions include support resources necessary for the family to meet the consumer’s needs without undue emotional, financial, or physical stress. There is limited funding available and a registry of unmet needs for this program. Contact [registry@Cardinalinnovations.org](mailto:registry@Cardinalinnovations.org) or call 800-939-5911.

### **OTHER CARDINAL INNOVATIONS RESPONSIBILITIES**

Handles complaints concerning consumers over the age of three – 714-9386.  
Has a Housing Development Specialist who responds to unmet needs in the area of residential services – 714-9131.

Keeps a comprehensive list of providers

### **CLEFT LIP/PALATE PARENT SUPPORT**

Contact 945-9546

### **DEPARTMENT OF SOCIAL SERVICES**

336-703-3800

### **DISABILITY RIGHTS NORTH CAROLINA**

Disability Rights North Carolina is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across North Carolina. As the state's federally mandated protection and advocacy system, Disability Rights North Carolina is charged with protecting the rights of children and adults with disabilities living in North Carolina. For assistance, contact Disability Rights NC. Phone: 919-856-2195. Email: [info@disabilityrightsncc.org](mailto:info@disabilityrightsncc.org). [www.disabilityrightsncc.org](http://www.disabilityrightsncc.org)

## **DOWN SYNDROME ASSOCIATION OF GREATER WINSTON-SALEM**

The DSAGWS is a non-profit organization that provides support and information to parents of children and adults with Down syndrome in the Piedmont area. For more information call 336-739-3696, or go to the web site at [dsagws.org](http://dsagws.org)

## **DOWNTOWN HEALTH PLAZA**

Operated by Wake Forest/Baptist Medical Center, DHP offers medical services and health clinics Monday – Friday 8 AM to 5 PM with a social work component, including translation services. Call (336) 713-9800 or go to [www.wakehealth.edu/Clinics/DHP/Downtown-Health-Plaza.htm](http://www.wakehealth.edu/Clinics/DHP/Downtown-Health-Plaza.htm) for additional information.

## **EASTER SEALS**

For more information call 336-757-4681 or their website [www.nceastersealsucp.com](http://www.nceastersealsucp.com)

## **EXCEPTIONAL CHILDREN'S ASSISTANCE CENTER (ECAC)**

ECAC is a private non-profit organization that is operated by and staffed primarily with parents of children with disabilities and special health care needs. ECAC is committed to improving the lives and education of ALL children through a special emphasis on children with disabilities. ECAC affirms the right of all individuals, from all backgrounds and cultures, with or without disabilities, to an appropriate education and other needed services. ECAC seeks to make that right a reality by providing information, education, outreach, and support to and for families with children across the state of North Carolina. To learn about the information and resources ECAC

provides, visit their website at [www.ecac-parentcenter.org](http://www.ecac-parentcenter.org) or call them at 704-892-1321.

## **ENRICHMENT CENTER, AN AFFILIATED CHAPTER OF THE ARC**

This agency provides advocacy and support and services for individuals with developmental disabilities such as mental retardation, cerebral palsy, Down syndrome, and autism. The services for adults with disabilities include skill development to bridge the gap to the general community and employment through the arts, supported employment, compensatory education and community coaches to develop independent living skills. Other support services include information and referral, systems advocacy, and individual advocacy. 336-777-0076. Website: [enrichmentarc.org](http://enrichmentarc.org)

The Enrichment Center, an Affiliated Chapter of The Arc  
Our mission is to empower and enrich adults with intellectual and developmental disabilities, enabling them to grow as individuals, live with dignity and have choices in how they fulfill their lives. We offer an art-based day program, inclusive of culinary arts, music, dance and drama, digital, visual and 3-dimensional art. We also offer supported employment, and a senior transitional service for those showing early signs of aging. Work with the school system includes pre-employment training. Please visit our website for more information: [www.enrichmentarc.org](http://www.enrichmentarc.org), or call 336-777-0076.

## **ESTATE PLANNING**

Attorneys concentrating in disability law:  
Bailey Liipfert III , Winston-Salem, 336-725-0583  
Frank Johns, Greensboro, 336-275-9567  
Life Plan Trust, Inc., Apex, (919) 589-0017  
The Arc of North Carolina, 800-662-8706

## **EXCEPTIONAL FAMILIES**

Parents of children with special needs meet with a guest “expert” to discuss topics of interest, share experiences, and learn from each other. The program

meets ten months of year on the 4<sup>th</sup> Thursday of the month at Little Creek Recreation Center. Childcare and a light supper are available with advance notice. Call Chris Gentry at 336-703-4289 or email [CLGentry@wsfcs.k12.nc.us](mailto:CLGentry@wsfcs.k12.nc.us) to register.

## **FAMILY SUPPORT NETWORK OF GREATER FORSYTH (FSN)**

A program based on parents helping other parents, formerly as “Parents Together,” FSN provides one- on-one support to parents through parent-to-parent matching, linking trained support parents with parents facing a new diagnosis or other need for support and information. FSN also provides training to parents who would like to support other families. Information on specific concerns or diagnosis, community resources and educational advocacy needs are also available. FSN houses a lending library with materials available on parenting and disabilities, including the PDSSN library. FSN informs families about upcoming opportunities through a monthly e-mail. They sponsors other forms of outreach such as “SibShops” (fun workshops for siblings of children who have disabilities), and community-wide family events throughout the year. 924-5301 Website: [www.fsngreaterforsyth.com](http://www.fsngreaterforsyth.com)

## **FORSYTH COUNTY DEPARTMENT OF SOCIAL SERVICES** 336-703-3800

## **FORSYTH COUNTY DEPARTMENT OF PUBLIC HEALTH**

The health department provides public health clinics, nutrition programs, health education and public health nursing, including Care Coordination 4 Children for children not eligible for the Infant-Toddler program (see CDSA). Also oversees the CAP-C program, a Medicaid Waiver program that is an alternative funding source for infants and children who have serious medical involvement.

Call 703-3242. Call 336-703-3100 for information on Women, Infants, & Children (WIC). Additional resources for Forsyth County can be located at [www.co.forsyth.nc.us/publichealth/Default.aspx](http://www.co.forsyth.nc.us/publichealth/Default.aspx)

## **FORSYTH MEDICAL CENTER**

Offers comprehensive medical services, including a Neonatal Intensive Care Nursery and a Special Care Nursery. The birthplace of most babies born in Forsyth County. 718-5000.

### **FORSYTH TECHNICAL COMMUNITY COLLEGE – COMPENSATORY EDUCATION**

Offers programs for adults with developmental disabilities who need to improve or master skills needed to function in the community and workplace. (336) 723-0371

### **GOODWILL INDUSTRIES OF NORTHWEST N.C.**

Serves individuals with disabilities and special needs. A Comprehensive Employment and Training Center that provides assessment and training. An Industrial Contracts Department provides clients with on-site work contracted with local businesses. 724-3621, [www.goodwillnwc.org](http://www.goodwillnwc.org).

### **ICAN HOUSE**

Offers resources and workshops related to Autism spectrum disorders. [www.icanhouse.org](http://www.icanhouse.org); (336) 723- 0050.

### **IMPRINTS FOR FAMILIES**

Offers parent education and support to parents with children from birth through age five years. Parent educators use the Parents as Teachers – Born to Learn curriculum, home visits, group meetings, assessment, screening and referrals to support parents as their children’s first and best teachers. Services are offered in English and Spanish, and are built around individual family needs. Most services are free of charge. 336-722-6296; [www.imprintsforfamilies.org](http://www.imprintsforfamilies.org). Imprints also operates IMPRINTS CARES, a before-and-after school program offered in many local schools. For more information, call Betty White at the above number.

### **LA LECHE LEAGUE**

For information on breast feeding call 877-452-5324.

### **LET’S GET FIT**

Weekly exercise program for teens and adults with special needs offered by the Robinhood Family YMCA. Attendees meet with personal trainers and

YMCA staff for fun interactive fitness activities. There is no fee for this program and participants do not have to be members of the Y. Contact the Robinhood Family YMCA for information at 336-245-7203.

### **MENDED LITTLE HEARTS**

Mended Little Hearts is a support group for families of children who born with heart defects and/or who develop heart disease in childhood...because 'Little Hearts Hold Big Hopes! Contact Valerie King at (336) 466-0705 or at [advocacy@mendedlittlehearts.org](mailto:advocacy@mendedlittlehearts.org). Visit the website at [www.piedmontmlhtinman.org/](http://www.piedmontmlhtinman.org/).

### **MUSCULAR DYSTROPHY**

For information on clinics, support groups, summer camps, equipment, etc. visit the website at [www.mda.org](http://www.mda.org)

### **NORTH CAROLINA ASSISTIVE TECHNOLOGY RESOURCE CENTER (NCATP)**

The NCATP is a state and federal funded program that provides assistive technology services statewide to people of all ages and abilities. They promote independence for people with disabilities through access to technology. Contact 336-716-8030.

### **NC CHILDREN AND YOUTH WITH SPECIAL HEALTH CARE NEEDS HELP LINE**

Call 1-800-737-3028 or email [CYSHCN.Helpline@dhhs.nc.gov](mailto:CYSHCN.Helpline@dhhs.nc.gov)

### **HORIZON'S RESPITE CARE SERVICES**

Horizons' Respite care Offers center-based weekend respite for children and adults in Stokes, Forsyth, and Davie County. Call (336) 767-2411 or write [Mariat@horizonscenter.org](mailto:Mariat@horizonscenter.org).

### **POST SECONDARY EDUCATION PROGRAMS**

**APPALACHIAN STATE UNIVERSITY SCHOLARS WITH DIVERSE ABILITIES PROGRAM** aims to provide students with intellectual disabilities access to a college education. SDAP's goal is that when students complete the two-year program, they are able to obtain gainful employment that is meaningful to

them. The SDAP Program focuses on self-determination, college course access, and employment.

**BEYOND ACADEMICS AT UNCG** UNC-Greensboro supports students with intellectual and developmental disabilities through a comprehensive transition program while enrolled in Integrative Community Studies, a 4 year certificate program of study that emphasizes self-determination, life planning, and career development. Students completing requirements for graduation receive a certificate in Integrative Community Studies award by the Office of the Provost at UNCG. Monarch College Support Services offers an array of support services for enrolled students. (336) 334-3905 or email [info@beyondacademics.org](mailto:info@beyondacademics.org). Visit BA's website: [beyondacademics.uncg.edu](http://beyondacademics.uncg.edu)

**LEADERSHIP EDUCATION IN NEURODEVELOPMENTAL AND RELATED DISABILITIES (LEND)** self-advocate advocate at the University of NC at Chapel Hill, Institute for Developmental Disabilities.

**WESTERN CAROLINA - UNIVERSITY PARTICIPANT PROGRAM (UP)** Program is an inclusive learning experience for college-aged individuals with intellectual disabilities. The goal of the program is to facilitate transition of participants from secondary to adult life with education employment, and independent living. Integration is a key to the success of the UP program.

### **RIVERWOOD THERAPEUTIC RIDING CENTER**

Offers equine assisted activities to the special needs community.

[www.riverwoodtrc.org](http://www.riverwoodtrc.org) Contact: 336-922-6426

### **SOCIAL ANIMALS**

Social program for adults that meets monthly and focuses on building friendships, play games, creating arts and crafts and enjoying pizza.

[athensgs@gmail.com](mailto:athensgs@gmail.com)

### **SOCIAL SECURITY ADMINISTRATION**

Pays disability benefits under two programs: the Social Security disability insurance program and the Supplemental Security Income (SSI) program. 1-877-402-0828 or [www.socialsecurity.gov](http://www.socialsecurity.gov)

## **SPINA BIFIDA ASSOCIATION OF NORTH CAROLINA**

Call 1-800-621-3141 or visit the website at [www.sbaa.org](http://www.sbaa.org)

## **THE ADAPTABLES**

Provides information and referral, advocacy, and community resources to persons with disabilities and is the center for Independent Living for Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin Counties. Call 336-767-7060, email [theadaptables@theadaptables.com](mailto:theadaptables@theadaptables.com), or check the website at [www.theadaptables.com](http://www.theadaptables.com)

## **MAYOR'S COUNCIL FOR DISABILITIES**

This organization is an advocacy organization for independent living, coordinated by The Adaptables. Contact: 336-767-7060

## **NC CHILDREN AND YOUTH WITH SPECIAL HEALTH CARE NEEDS HELP LINE**

Call 1-800-737-3028 for information or email [CYSHCN.Helpline@dhhs.nc.gov](mailto:CYSHCN.Helpline@dhhs.nc.gov)

## **NEXT CHAPTER BOOK CLUBS**

The Next Chapter Book Club (NCBC) is committed to promoting literacy and social connection experiences for adolescents and adults with intellectual disabilities that encourage friendship and lifelong learning within a community-based setting. A group of 5-8 people with intellectual disabilities, regardless of their reading skills, gather with volunteer facilitators in a local bookstore, coffee shop, or cafe to read aloud and discuss a book for one hour a week. Contact: the DSAGWS or Davie County Library.

## **THE CENTERS FOR EXCEPTIONAL CHILDREN** ([thecfec.org](http://thecfec.org))

## **THE CHILDREN'S CENTER**

An inclusive setting for children under age three, and a public school for children ages three to eleven. The school specializes in serving children who

have orthopedic impairments, developmental delays or multiple handicapping conditions. Educational programs, physical, occupational and physical therapy services are provided. Contracts with the CDSA to serve eligible children under age three. Eligibility for children three and above is determined by the school system. Space may be available for infants and toddlers who do not have disabilities. 727-2440.

### **THE SPECIAL CHILDREN'S SCHOOL**

A year-round inclusive school for children with developmental disabilities. Serving children from birth to age five years. Special services include speech, physical and occupational therapy, and nursing care. The school contracts with the CDSA to provide services for children under age three, and with Winston-Salem/Forsyth County Schools to provide services for children over age three. Some before and after school care is also available. Children without disabilities may enroll. Call 924-9309 for details.

### **TRIAD FIRST IN FAMILIES (TFIF)**

Leverages community resources and/or provides cash assistance to meet the needs of children and adults who have disabilities. The focus is on needs for which there are no other funding sources. Net income limitations. <http://triadfirstinfamilies.webs.com>. Call 336-724-1412 ext 144 or email [tfif@youthopp.org](mailto:tfif@youthopp.org) for information.

### **WINSTON-SALEM/FORSYTH COUNTY SCHOOLS**

Programs for Exceptional Children provide education for eligible children with special needs, ages three to 21. 336-727-2083.

### **WINSTON-SALEM RECREATION AND PARKS SPECIAL POPULATIONS UNIT:**

#### **SPECIAL OLYMPICS FORSYTH COUNTY**

Provides year-round sports training and competition in a variety of Olympic-type sports for children and adults (ages eight and up) who have intellectual or closely related developmental disabilities. SOFC offers a variety of sports, including aquatics, bocce, softball, track and field, golf, tennis, cheerleading, basketball, equestrian sports, soccer, bowling and alpine skiing. Some programs are unified events. Information: 727-2425

**AQUABILITIES (OFFERED IN JULY)**

Aquabilities is a program that teaches youth and adults with disabilities how to move, swim, and play in the water. Aquabilities lessons are offered on a one on one basis. Information -727-2425

### **CAMP DISCOVERY**

A summer day camp for children, ages 8 to 21 years, with developmental disabilities. Information: Carlie Pudney - 727-2425 ([carliep@cityofws.org](mailto:carliep@cityofws.org))

## **Davie County**

### **DAVIE COUNTY SCHOOLS**

Provide education for children with special needs, developmental delays, and intellectual disabilities from age 3 years to 21 years through their programs for exceptional children. 336-249-8181

## **Davidson County**

### **THE ARC OF DAVIDSON COUNTY**

An advocacy group that provides service and support for people with disabilities. 336-248-2842 [arcdavidson.org](http://arcdavidson.org)

### **DAVIDSON COUNTY SCHOOLS**

Programs for Exceptional Children provide education for eligible children with special needs, ages three to 21. 336-249-8181

<http://davidson.k12.nc.us>

## **Stokes County**

### **STOKES COUNTY SCHOOLS**

Provide education for children with special needs, developmental delays, and intellectual disabilities from age 3 years to 21 years through their programs for exceptional children. Contact Traci Royal, Director of Special Programs. 336-593-8146

## **STOKES OPPORTUNITY CENTER**

Provides vocational training facility and workshop, serving adults with developmental and other disabilities. 336-591-5446

## **STOKES COUNTY DEPARTMENT OF SOCIAL SERVICES**

Contact 336-593-2861 or [www.co.stokes.nc.us/dss](http://www.co.stokes.nc.us/dss)

**STOKES COUNTY SCHOOLS** - 336-593-8146

## **Rockingham County**

**ROCKINGHAM COUNTY SOCIAL SERVICES** 336-342-1394

**UMAR** is a nonprofit dedicated to promoting community inclusion, independence and growth for adults with intellectual and developmental disabilities through residential, vocational and cultural enrichment opportunities. The Arts Center and Day Program provide space and opportunity to thrive. 336-342-5533

**THE ARC OF ROCKINGHAM COUNTY** 336-552-8576