

Resources (List of organizations and resources recommended by local families).

Forsyth County

ABC of NC CHILD DEVELOPMENTAL CENTER

A non-public, not-for-profit center providing quality individualized diagnostic, therapeutic, and educational services using evidence-based practices in the field of autism spectrum disorders. Contact: 336-251-1180.

AMOS COTTAGE CHILDREN'S TREATMENT PROGRAM

CHILD DEVELOPMENT SERVICES AGENCY (CDSA)

The CDSA, located at Amos Cottage, is charged with the responsibility of providing evaluations for infants and toddlers, birth to age three, and Service Coordination for their families. The agency runs on the interdisciplinary model and has a variety of specialists in the pediatric field. The Winston-Salem CDSA serves families in Forsyth, Stokes, Davie, Surry, Yadkin and Davidson counties. The CDSA is operated under a contractual agreement between Wake Forest University Medical School and North Carolina's Infant-Toddler program. There is no fee for evaluation and Service Coordination services. For more information, visit their website at www.brennerchildrens.org/CDSA or call (336) 713-7412.

WAKE FOREST UNIVERSITY PHYSICIANS – PRIVATE PATIENT REFERRALS BY A PHYSICIAN'S OFFICE

Dr. Klinepeter (Medical Director, Developmental Pediatrician), Dr. Christiaanse (Developmental Pediatrician), and Dr. Laura Hans specialize in static encephalopathies and diagnoses such as mental retardation, cerebral palsy, Down syndrome, autism, learning disabilities, or syndromes in relation to neurodevelopmental disabilities.

KIDS-EAT

Pediatric Eating, Assessment & Treatment Program, for oral feeding disorders. Contact: 366-713-7429.

Augmentative Communication and Assistive Learning Clinic:

Multidisciplinary program that offers prescriptive evaluations, treatment, and

outreach services to children with expressive language impairments. Contact 336-713-4500.

THERAPEUTIC DAY PROGRAM

This program provides a supportive treatment setting for children ages three through seven behavioral/emotional disorders. Counseling and training structured around the child's needs are provided to caregivers. The program has many different types of group therapies including recreational, behavior, educational, and music therapy. To make a referral or to see if your child qualifies for this program call (336) 713-7493 and ask for the Therapeutic Day social worker.

AUTISM SOCIETY OF NORTH CAROLINA - Davie/Forsyth Chapter

This organization offers Parents Night Out, support groups, informational membership meetings, seminars, workshops, and Camp Imagine.

davieforsythchapter@autismsociety-nc.org. Facebook Group:

www.facebook.com/groups/asnc.davie.forsyth

BASEBALL

Challenger Baseball League of Southwest Forsyth Little League. Contact: Chuck Deluca - Challenger Director for NC District 2 (Forsyth, Davie, Stokes, Surry, Davison and Rowan Counties)

Email: ncd2challenger@gmail.com

BEGINNINGS FOR PARENTS OF HEARING-IMPAIRED CHILDREN

Beginnings provides emotional support & access to information as a central resource for families whose children, birth to age 21, are deaf or hard of hearing. 1-800-556-2796; www.ncbegin.org

CAMPS AND SUMMER PROGRAMS

Contact the Family Support Network for a free Resource Guide for Families with Children who have Special Needs. Call 800-852-0042 or download from www.fsnn.org

CARE COORDINATION/SERVICE COORDINATION

CDSA (see Amos Cottage section)

Cardinal Innovations (see Cardinal Innovations section)

CARDINAL INNOVATIONS

Cardinal Innovations does not provide direct clinical services. It is the Local Management Entity/Managed Care Organization contracting with providers of services in: Alamance, Cabarrus, Caswell, Chatham, Davidson, Davie, Forsyth, Franklin, Granville, Halifax, Mecklenburg, Orange, Rockingham, Person, Rowan, Stanly, Stokes, Union, Vance and Warren. Forsyth, Stokes, Davie and Rockingham counties. Cardinalinnovations.org or 1-800-939-5911

Cardinal Innovations Community Operations Department works closely with Developmental Disabilities Advisory Committee, and with the Consumer and Family Advisory Committee (CFAC). Both are consumer-driven committees that provide an advisory function to Cardinal administration. All meetings are open and families may join and participate. For more information or visit the website www.cardinalinnovations.org

INNOVATIONS WAIVER (previously CAP/IDD)

The NC Innovations Waiver provides services and supports to individuals with intellectual and developmental disabilities to have a life in the community of their choice, which includes where they live, how they spend their day, have fun and build relationships. Waiver provide access to Medicaid funding for eligible individuals for whom states may “waive” certain Medicaid requirements. Provisions include support resources necessary for the family to meet the consumer’s needs without undue emotional, financial, or physical stress. There is limited funding available and a registry of unmet needs for this program. Contact registry@Cardinalinnovations.org or call 800-939-5911.

OTHER CARDINAL INNOVATIONS RESPONSIBILITIES

Handles complaints concerning consumers over the age of three – 714-9386.

Has a Housing Development Specialist who responds to unmet needs in the area of residential services – 714-9131.

Keeps a comprehensive list of providers

CAM'S COFFEE COMPANY
336-505-7999

CLEFT LIP/PALATE PARENT SUPPORT
Contact 945-9546

DEPARTMENT OF SOCIAL SERVICES
336-703-3800

DISABILITY RIGHTS NORTH CAROLINA

Disability Rights North Carolina is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across North Carolina. As the state's federally mandated protection and advocacy system, Disability Rights North Carolina is charged with protecting the rights of children and adults with disabilities living in North Carolina. For assistance, contact Disability Rights NC. Phone: 919-856-2195. Email: info@disabilityrightsn.org. www.disabilityrightsn.org

DOWN SYNDROME ASSOCIATION OF GREATER WINSTON SALEM

The DAGWS is a non-profit organization that provides support and information to parents of children and adults with Down syndrome in the Piedmont area. For more information call 336-739-3696, or go to the web site at dsagws.org

DOWNTOWN HEALTH PLAZA

Operated by Wake Forest/Baptist Medical Center, DHP offers medical services and health clinics Monday – Friday 8 AM to 5 PM with a social work component, including translation services. Call (336) 713-9800 or go to www.wakehealth.edu/Clinics/DHP/Downtown-Health-Plaza.htm for additional information.

EASTER SEALS

For more information call 336-757-4681 or their website www.nceastersealsucp.com

EXCEPTIONAL CHILDREN'S ASSISTANCE CENTER (ECAC)

ECAC is a private non-profit organization that is operated by and staffed primarily with parents of children with disabilities and special health care needs. ECAC is committed to improving the lives and education of ALL children through a special emphasis on children with disabilities. ECAC affirms the right of all individuals, from all backgrounds and cultures, with or without disabilities, to an appropriate education and other needed services. ECAC seeks to make that right a reality by providing information, education, outreach, and support to and for families with children across the state of North Carolina. To learn about the information and resources ECAC provides, visit their website at www.ecac-parentcenter.org or call them at 704-892-1321.

ENRICHMENT CENTER, AN AFFILIATED CHAPTER OF THE ARC

Our mission is to empower and enrich adults with intellectual and developmental disabilities, enabling them to grow as individuals, live with dignity and have choices in how they fulfill their lives. We offer an art based day program, inclusive of culinary arts, music, dance and drama, digital, visual and 3 dimensional art. We also offer supported employment, and a senior transitional service for those showing early signs of aging. Work with the school system includes pre-employment training. Please visit our website for more information: www.enrichmentarc.org, or call 336-777-0076.

ESTATE PLANNING

Attorneys concentrating in disability law:

Bailey Liipfert III , Winston-Salem, 336-725-0583

Frank Johns, Greensboro, 336-275-9567

Life Plan Trust, Inc., Apex, (919) 589-0017

The Arc of North Carolina, 800-662-8706

EXCEPTIONAL FAMILIES

Parents of children with special needs meet with a guest “expert” to discuss topics of interest, share experiences, and learn from each other. The program

meets ten months of year on the 4th Thursday of the month at Little Creek Recreation Center. Childcare and a light supper are available with advance notice. Schedule and speakers are posted on the PDSSN website www.pdssn.org. Program is sponsored by the PDSSN and FSN; call Chris Gentry at 336-703-4289 or email CLGentry@wsfcs.k12.nc.us to register.

FAMILY SUPPORT NETWORK OF GREATER FORSYTH (FSN)

A program based on parents helping other parents, formerly as “Parents Together,” FSN provides one- on-one support to parents through parent-to-parent matching, linking trained support parents with parents facing a new diagnosis or other need for support and information. FSN also provides training to parents who would like to support other families. Information on specific concerns or diagnosis, community resources and educational advocacy needs are also available. FSN houses a lending library with materials available on parenting and disabilities, including the PDSSN library. FSN informs families about upcoming opportunities through a monthly e-mail. They sponsors other forms of outreach such as “SibShops” (fun workshops for siblings of children who have disabilities), and community-wide family events throughout the year. 924-5301 Website: www.fsngreaterforsyth.com

FORSYTH COUNTY DEPARTMENT OF SOCIAL SERVICES

336-703-3800

FORSYTH COUNTY DEPARTMENT OF PUBLIC HEALTH

The health department provides public health clinics, nutrition programs, health education and public health nursing, including Care Coordination 4 Children for children not eligible for the Infant-Toddler program (see CDSA). Also oversees the CAP-C program, a Medicaid Waiver program that is an alternative funding source for infants and children who have serious medical involvement.

Call 703-3242. Call 336-703-3100 for information on Women, Infants, & Children (WIC). Additional resources for Forsyth County can be located at www.co.forsyth.nc.us/publichealth/Default.aspx

FORSYTH MEDICAL CENTER

Offers comprehensive medical services, including a Neonatal Intensive Care Nursery and a Special Care Nursery. The birthplace of most babies born in Forsyth County. 718-5000.

FORSYTH TECHNICAL COMMUNITY COLLEGE – COMPENSATORY EDUCATION

Offers programs for adults with developmental disabilities who need to improve or master skills needed to function in the community and workplace. (336) 723-0371

GOODWILL INDUSTRIES OF NORTHWEST N.C.

Serves individuals with disabilities and special needs. A Comprehensive Employment and Training Center that provides assessment and training. An Industrial Contracts Department provides clients with on-site work contracted with local businesses. 724-3621, www.goodwillnwc.org.

ICAN HOUSE

Offers resources and workshops related to Autism spectrum disorders. www.icanhouse.org; (336) 723- 0050.

IMPRINTS FOR FAMILIES

Offers parent education and support to parents with children from birth through age five years. Parent educators use the Parents as Teachers – Born to Learn curriculum, home visits, group meetings, assessment, screening and referrals to support parents as their children’s first and best teachers. Services are offered in English and Spanish, and are built around individual family needs. Most services are free of charge. 336-722-6296; www.imprintsforfamilies.org. Imprints also operates IMPRINTS CARES, a before-and-after school program offered in many local schools. For more information, call Betty White at the above number.

LA LECHE LEAGUE

For information on breast feeding call 877-452-5324.

LET'S GET FIT

Weekly exercise program for teens and adults with special needs offered by the Robinhood Family YMCA. Attendees meet with personal trainers and YMCA staff for fun interactive fitness activities. There is no fee for this program and participants do not have to be members of the Y. Contact the Robinhood Family YMCA for information at 336-245-7203.

MENDED LITTLE HEARTS

Mended Little Hearts is a support group for families of children who born with heart defects and/or who develop heart disease in childhood...because 'Little Hearts Hold Big Hopes! Contact Valerie King at (336) 466-0705 or at advocacy@mendedlittlehearts.org. Visit the website at www.piedmontmlhtinman.org/.

MOJI COFFEE

336-939-6654 mojicoffee.org

MUSCULAR DYSTROPHY

For information on clinics, support groups, summer camps, equipment, etc. visit the website at www.mda.org

NORTH CAROLINA ASSISTIVE TECHNOLOGY RESOURCE CENTER (NCATP)

The NCATP is a state and federal funded program that provides assistive technology services statewide to people of all ages and abilities. They promote independence for people with disabilities through access to technology. Contact 336-716-8030.

NC CHILDREN AND YOUTH WITH SPECIAL HEALTH CARE NEEDS HELP LINE

Call 1-800-737-3028 or email CYSHCN.Helpline@dhhs.nc.gov

HORIZON'S RESPITE CARE SERVICES

Horizons' Respite care Offers center-based weekend respite for children and adults in Stokes, Forsyth, and Davie County. Call (336) 767-2411 or write Marlat@horizonscenter.org.

POST SECONDARY EDUCATION PROGRAMS

APPALACHIAN STATE UNIVERSITY SCHOLARS WITH DIVERSE ABILITIES PROGRAM aims to provide students with intellectual disabilities access to a college education. SDAP's goal is that when students complete the two-year program, they are able to obtain gainful employment that is meaningful to them. The SDAP Program focuses on self-determination, college course access, and employment.

BEYOND ACADEMICS AT UNCG UNC-Greensboro supports students with intellectual and developmental disabilities through a comprehensive transition program while enrolled in Integrative Community Studies, a 4 year certificate program of study that emphasizes self-determination, life planning, and career development. Students completing requirements for graduation receive a certificate in Integrative Community Studies award by the Office of the Provost at UNCG. Monarch College Support Services offers an array of support services for enrolled students. (336) 334-3905 or email info@beyondacademics.org. Visit BA's website: beyondacademics.uncg.edu

LEADERSHIP EDUCATION IN NEURODEVELOPMENTAL AND RELATED DISABILITIES (LEND) self-advocate advocate at the University of NC at Chapel Hill, Institute for Developmental Disabilities.

WESTERN CAROLINA - UNIVERSITY PARTICIPANT PROGRAM (UP) Program is an inclusive learning experience for college-aged individuals with intellectual disabilities. The goal of the program is to facilitate transition of participants from secondary to adult life with education employment, and independent living. Integration is a key to the success of the UP program.

RIVERWOOD THERAPEUTIC RIDING CENTER

Offers equine assisted activities to the special needs community.

www.riverwoodtrc.org Contact: 336-922-6426

SOCIAL ANIMALS

Social program for adults that meets monthly and focuses on building friendships, play games, creating arts and crafts and enjoying pizza.

athensgs@gmail.com

SOCIAL SECURITY ADMINISTRATION

Pays disability benefits under two programs: the Social Security disability insurance program and the Supplemental Security Income (SSI) program.

1-877-402-0828 or www.socialsecurity.gov

SPINA BIFIDA ASSOCIATION OF NORTH CAROLINA

Call 1-800-621-3141 or visit the website at www.sbaa.org

THE ADAPTABLES

Provides information and referral, advocacy, and community resources to persons with disabilities and is the center for Independent Living for Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin Counties. Call 336-767-7060, email theadaptables@theadaptables.com, or check the website at www.theadaptables.com

MAYOR'S COUNCIL FOR DISABILITIES

This organization is an advocacy organization for independent living, coordinated by The Adaptables. Contact: 336-767-7060

NC CHILDREN AND YOUTH WITH SPECIAL HEALTH CARE NEEDS HELP LINE

Call 1-800-737-3028 for information or email

CYSHCN.Helpline@dhhs.nc.gov

NEXT CHAPTER BOOK CLUBS

The Next Chapter Book Club (NCBC) is committed to promoting literacy and social connection experiences for adolescents and adults with intellectual disabilities that encourage friendship and lifelong learning within a community-based setting. A group of 5-8 people with intellectual disabilities, regardless of their reading skills, gather with volunteer facilitators in a local bookstore, coffee shop, or cafe to read aloud and discuss a book for one hour a week. Contact: the Down syndrome Association of Greater Winston-Salem or Davie County Library.

THE CENTERS FOR EXCEPTIONAL CHILDREN (thecfec.org)

THE CHILDREN'S CENTER

An inclusive setting for children under age three, and a public school for children ages three to eleven. The school specializes in serving children who have orthopedic impairments, developmental delays or multiple handicapping conditions. Educational programs, physical, occupational and physical therapy services are provided. Contracts with the CDSA to serve eligible children under age three. Eligibility for children three and above is determined by the school system. Space may be available for infants and toddlers who do not have disabilities. 727-2440.

THE SPECIAL CHILDREN'S SCHOOL

A year-round inclusive school for children with developmental disabilities. Serving children from birth to age five years. Special services include speech, physical and occupational therapy, and nursing care. The school contracts with the CDSA to provide services for children under age three, and with Winston-Salem/Forsyth County Schools to provide services for children over age three. Some before and after school care is also available. Children without disabilities may enroll. Call 924-9309 for details.

TRIAD FIRST IN FAMILIES (TFIF)

Leverages community resources and/or provides cash assistance to meet the needs of children and adults who have disabilities.

The focus is on needs for which there are no other funding sources. Net income limitations. <http://triadfirstinfamilies.webs.com>. Call 336-724-1412 ext 144 or email tfif@youthopp.org for information.

The PDSSN provides funds through TFIF for families who have loved ones with Down syndrome living in Forsyth, Davie, Davidson, Stokes, Surry, and Yadkin Counties.

WINSTON-SALEM/FORSYTH COUNTY SCHOOLS

Programs for Exceptional Children provide education for eligible children with special needs, ages three to 21. 336-727-2083.

WINSTON-SALEM RECREATION AND PARKS SPECIAL POPULATIONS UNIT:

SPECIAL OLYMPICS FORSYTH COUNTY

Provides year-round sports training and competition in a variety of Olympic-type sports for children and adults (ages eight and up) who have intellectual or closely related developmental disabilities. SOFC offers a variety of sports, including aquatics, bocce, softball, track and field, golf, tennis, cheerleading, basketball, equestrian sports, soccer, bowling and alpine skiing. Some programs are unified events. Information: 727-2425

AQUABILITIES (OFFERED IN JULY)

Aquabilities is a program that teaches youth and adults with disabilities how to move, swim, and play in the water. Aquabilities lessons are offered on a one on one basis. Information -727-2425

CAMP DISCOVERY

A summer day camp for children, ages 8 to 21 years, with developmental disabilities. Information: Carlie Pudney - 727-2425 (carliep@cityofws.org)

Davie County

DAVIE COUNTY SCHOOLS

Provide education for children with special needs, developmental delays, and intellectual disabilities from age 3 years to 21 years through their programs for exceptional children. 336-249-8181

Davidson County

THE ARC OF DAVIDSON COUNTY

An advocacy group that provides service and support for people with disabilities. 336-248-2842 arcdavidson.org

DAVIDSON COUNTY SCHOOLS

Programs for Exceptional Children provide education for eligible children with special needs, ages three to 21. 336-249-8181 <http://davidson.k12.nc.us>

Stokes County

STOKES COUNTY SCHOOLS

Provide education for children with special needs, developmental delays, and intellectual disabilities from age 3 years to 21 years through their programs for exceptional children. Contact Traci Royal, Director of Special Programs. 336-593-8146

STOKES OPPORTUNITY CENTER

Provides vocational training facility and workshop, serving adults with developmental and other disabilities. 336-591-5446

STOKES COUNTY DEPARTMENT OF SOCIAL SERVICES

Contact 336-593-2861 or www.co.stokes.nc.us/dss

STOKES COUNTY SCHOOLS - 336-593-8146

Rockingham County

ROCKINGHAM COUNTY SOCIAL SERVICES 336-342-1394

UMAR is a nonprofit dedicated to promoting community inclusion, independence and growth for adults with intellectual and developmental disabilities through residential, vocational and cultural enrichment opportunities. The Arts Center and Day Program provide space and opportunity to thrive. 336-342-5533

THE ARC OF ROCKINGHAM COUNTY 336-552-8576

Cardinal Innovations does not endorse or recommend any of the organizations listed. This list represents resources and organizations recommended by local families or professionals. It is not exhaustive. However, if you have a good experience and would like to recommend other resources for this list, please send them to Derek.Bittner@cardinalinnovations.org