Resources

(List of organizations & resources recommended by local families).

Forsyth County

**A BRIDGE TO ACHIEVEMENT**

A Bridge to Achievement (ABtA) is owned and operated by a parent who has experienced firsthand the difference Applied Behavior Analysis (ABA) can make in the life of a child with autism spectrum disorder. With over 20 years of experience in the autism field, our highly trained and dedicated staff are committed to providing exceptional quality, family-centered ABA programs to promote positive changes in the lives of the children and families we serve. ABtA's psychologist also offers autism diagnostic assessments. Visit [ABridgeToAchievement.com](http://ABridgeToAchievement.com) for more information. Contact: [info@abta-aba.com](mailto:info@abta-aba.com), 336-560-7878.

**ABC of NC CHILD DEVELOPMENTAL CENTER**

A non-public, not-for-profit center providing quality individualized diagnostic, therapeutic, and educational services using evidence-based practices in the field of autism spectrum disorders.  Contact: 336-251-1180 or Selene.Johnson@abcofnc.org

**AMOS COTTAGE CHILDREN'S TREATMENT PROGRAM**

**CHILD DEVELOPMENT SERVICES AGENCY (CDSA)**

The CDSA, located at Amos Cottage, is a regional early intervention center for infants and toddlers with developmental disabilities or delays. It offers evaluation, treatment, service coordination, and consultation services to families of children birth to 36 months of age who live in Forsyth, Davidson, Davie, Stokes, and Yadkin Counties. 336-713-7412

Dr. Klinepeter (Medical Director, specializes in pediatric development, behavior, and general pediatrics)

Dr. Christine R. Erdie-Lalena (Developmental Pediatrician), specializes in pediatric development.

**THERAPEUTIC DAY PROGRAM**

Day treatment services for children ages 3-7 with behavioral & emotional disorders.

**AUTISM SOCIETY OF NORTH CAROLINA - Forsyth County Chapter**

This organization offers Parents Night Out, support groups, informational membership meetings, seminars, workshops, and Camp Imagine**.**

**BEGINNINGS FOR PARENTS CHILDREN WHO ARE DEAF OR HARD OF HEARING**

Beginnings is for parents of children who are deaf or heard of hearing.  It is a non-profit that helps parents and families understand hearing loss.  They

provide emotional support & access to information as a central resource for families whose children, birth to age 21, are deaf or hard of hearing. 1-800-541-4327; [raleigh@ncbegin.org](http://www.ncbegin.org/)

**CAMPS AND SUMMER PROGRAMS**

Contact the Family Support Network for a free Resource Guide for Families with Children who have Special Needs. Call 800-852-0042 or download from [www.fsnnc.org](http://www.fsnnc.org/)

**CARE COORDINATION/SERVICE**

Involves deliberately organizing patient care.

CDSA (see Amos Cottage section)

Partners Behavioral Health

**INNOVATIONS WAIVER (previously CAP/IDD)**

The NC Innovations Waiver provides services and supports to individuals with intellectual and developmental disabilities to have a life in the community of their choice, which includes where they live, how they spend their day, have fun and build relationships.  Waiver provide access to Medicaid funding for eligible individuals for whom states may “waive” certain Medicaid requirements.  Provisions include support resources necessary for the family to meet the consumer’s needs without undue emotional, financial, or physical stress.  There is limited funding available and a registry of unmet needs for this program.  Contact Partners if you think you or your child may be eligible.

**CLEFT LIP/PALATE PARENT SUPPORT**

Contact 945-9546

**DEPARTMENT OF SOCIAL SERVICES**

336-703-3800

**DISABILITY RIGHTS NORTH CAROLINA**

Disability Rights North Carolina is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across North Carolina. As the state’s federally mandated protection and advocacy system, Disability Rights North Carolina is charged with protecting the rights of children and adults with disabilities living in North Carolina. For assistance, contact Disability Rights NC.  Phone: 919-856-2195. Email: [info@disabilityrightsnc.org](mailto:info@disabilityrightsnc.org). [www.disabilityrightsnc.org](http://www.disabilityrightsnc.org/)

**DOWN SYNDROME ASSOCIATION OF GREATER WINSTON SALEM**

The DAGWS is a non-profit organization that provides support and information to parents of children and adults with Down syndrome in the Piedmont area.   For more information call 336-739-3696, or go to the web site at [dsagws.org](http://dsagws.org/)

**DOWNTOWN HEALTH PLAZA**

Operated by Wake Forest/Baptist Medical Center, DHP offers medical services and health clinics Monday – Friday 8 AM to 5 PM with a social work component, including translation services. Call (336) 713-9800 or go to [www.wakehealth.edu/Clinics/DHP/Downtown-Health-](http://www.wakehealth.edu/C) Plaza.htm for additional information.

**EASTER SEALS UCP North Carolina & Virginia**

Provides services to children & adults with special needs.For more information call 336-757-4681or their website [www.nceastersealsucp.com](http://www.nceastersealsucp.com/)

**EXCEPTIONAL CHILDREN’S ASSISTANCE CENTER (ECAC)**

ECAC is dedicated t o families and children. ECAC helps parents navigate the special education system, know their rights, & use their voice. Provide information, support training, & resources to assist families caring for children with special needs from bird to age 26. They support young adults become self advocates and provide information to educators and professionals who serve them. Website at parentcenter.org or call them at 800-962-6817.

**ENRICHMENT CENTER**

Services for adults with disabilities include skill development to bridge the gap to the general community and employment through the arts, supported employment, compensatory education and community coaches to develop independent living skills. Other support services include information and referral, systems advocacy, and individual advocacy. 336-777-0076. Website: enrichmentarc.org

**EXCEPTIONAL FAMILIES**

Parents of children with special needs meet with a guest “expert” to discuss topics of interest, share experiences, and learn from each other. The program meets ten months of year on the 4th Thursday of the month at Little Creek Recreation Center. Childcare and a light supper are available with advance notice. Program is sponsored by the FSN; call Chris Gentry at 336-703-4289 or email [CLGentry@wsfcs.k12.nc.us](mailto:CLGentry@wsfcs.k12.nc.us) to register.

**FAMILY SUPPORT NETWORK OF GREATER FORSYTH (FSN)**

A program based on parents helping other parents, formerly as “Parents Together,” FSN provides one- on-one support to parents through parent-to-parent matching, linking trained support parents with parents facing a new diagnosis or other need for support and information. FSN also provides training to parents who would like to support other families. Information on specific concerns or diagnosis, community resources and educational advocacy needs are also available. FSN houses a lending library with materials available on parenting and disabilities, including the PDSSN library. FSN informs families about upcoming opportunities through a monthly e-mail. They sponsors other forms of outreach such as “SibShops” (fun workshops for siblings of children who have disabilities), and community-wide family events throughout the year. 924-5301 Website: [www.fsngreaterforsyth.com](http://www.fsngreaterf/)

**FORSYTH COUNTY DEPARTMENT OF SOCIAL SERVICES** 336-703-3800. web page:

**FORSYTH COUNTY DEPARTMENT OF PUBLIC HEALTH**

The health department provides public health clinics, nutrition programs, health education and public health nursing, including Care Coordination 4 Children for children not eligible for the Infant-Toddler program (see CDSA). Call 703-3242. Call 336-703-3100 for information on Women, Infants, & Children (WIC). Additional resources for Forsyth County can be located at www.co.forsyth.nc.us

**FORSYTH MEDICAL CENTER**

Offers comprehensive medical services, including a Neonatal Intensive Care Nursery and a Special Care Nursery. 718-5000.

**GENESIS KARDIA**

meets Monday nights 6:30- 7:30 for a time of fellowship including music and Bible study. Our mission is “Coming together as one to grow spiritually in order to share Jesus’ love with others”

We are currently meeting on Zoom due to COVID, but are looking forward to meeting in person soon. Please share your email address with Pastor Jayne at [genesis.kardia@gmail.com](mailto:genesis.kardia@gmail.com) in order to join us via Zoom.

**GOODWILL INDUSTRIES OF NORTHWEST N.C.**

Serves individuals with disabilities and special needs. A Comprehensive Employment and Training Center that provides assessment and training. An Industrial Contracts Department provides clients with on-site work contracted with local businesses. 724-3621, [www.goodwillnwnc.org](http://www.goodwillnwnc.org/).

**ICAN HOUSE**

supports, & enhances the lives of those with social challenges & their families. Provides programs for ages 8-14, 14-17, 18+. Offers resources and workshops related to Autism spectrum disorders. [www.icanhouse.org](http://www.icanhouse.org/);

(336) 723- 0050.

**IMPRINTS CARES**

Is an early childhood education nonprofit that supports children & families from prenatal through middle school. 336-722-6296; [imprintscares.org](http://www.imprintsforfamilies.org/).

**LA LECHE LEAGUE of Winston-Salem**

For information on breast feeding check their Facebook page.

**LET’S GET FIT**

Weekly exercise program for teens and adults with special needs offered by the Robinhood Family YMCA.  Attendees meet with personal trainers and YMCA staff for fun interactive fitness activities.  There is no fee for this program and participants do not have to be members of the Y.  Contact the Robinhood Family YMCA for information at 336-245-7203.

**MENDED LITTLE HEARTS - Chapter 434 Winston-Salem**

Mended Little Hearts is a support group for families of children who born with heart defects and/or who develop heart disease in childhood. mended [hearts.org](http://hearts.org) or connect.mended hearts.org.

**MUSCULAR DYSTROPHY**

For information on clinics, support groups, summer camps, equipment, etc. visit the website at [www.mda.org](http://www.mda.org/)

**NEXT CHAPTER BOOK CLUBS**

The Next Chapter Book Club (NCBC) is committed to promoting literacy and social connection experiences for adolescents and adults with intellectual disabilities that encourage friendship and lifelong learning within a community-based setting. A group of 5-8 people with intellectual disabilities, regardless of their reading skills, gather with volunteer facilitators in a local bookstore, coffee shop, or cafe to read aloud and discuss a book for one hour a week.  Contact: the Down Syndrome Association of Greater Forsyth or the Davie County Library.

**NORTH CAROLINA ASSISTIVE TECHNOLOGY RESOURCE CENTER (NCATP)**

The NCATP is a state and federal funded program that provides assistive technology services statewide to people of all ages and abilities.  They promote independence for people with disabilities through access to technology.  Contact 336-716-8030.

**NC CHILDREN AND YOUTH WITH SPECIAL HEALTH CARE NEEDS HELP LINE**

Call 1-800-737-3028 or email [CYSHCN.Helpline@dhhs.nc.gov](mailto:CYSHCN.Helpline@dhhs.nc.gov)

**HORIZON’S RESIDENTIAL SERVICES**

Offers two homes, the Atrium & the Arches, that provide continuous long-term care and support for up to 40 residents with intellectual and developmental disabilities and extensive support needs

**NC CENTER FOR INDEPENDENT LIVING (SCIL.s)**

Consumer-controlled, community-based organization that provides programs and services for people with all types of disabilities & their families. Promotes & supports opportunities to fully participate in an integrated community.

**Solutions for Independence** provides information and referral, advocacy, and community resources to persons with disabilities and is the center for Independent Living for Davidson, Davie, Forsyth, Stokes, Surry, and Yadkin Counties. Call 336-767-7060, email [theadaptables@theadaptables.com](mailto:theadaptables@theadaptables.com), or check the website at www.theadaptables.com

**PARTNERS BEHAVIORAL HEALTH MANAGEMENT**

Partners Behavioral Health Management is a behavioral health resource for communities in NC.  Referred to as an LME/MCO.  It serves Forsyth, Surry, Yadkin, Davie, Burke, Cabarrus, Catawba, Iredell, Rutherford, Cleveland, Gaston, Lincoln, Stanley, and Union Counties.

**POST SECONDARY EDICUTATION PROGRAMS**

**APPALACHIAN STATE UNIVERSITY SCHOLARS WITH DIVERSE ABILITIES PROGRAM** aims to provide students with intellectual disabilities access to a college education.  SDAP’s goal is that when students complete the two-year program, they are able to obtain gainful employment that is meaningful to  them.  The SDAP Program focuses on self-determination, college course access, and employment.

**BEYOND ACADEMICS AT UNCG** UNC-Greensboro supports students with intellectual and developmental disabilities through a comprehensive transition program while enrolled in Integrative Community Studies, a 4 year certificate program of study that emphasizes self-determination, life planning, and career development.  Students completing requirements for graduation receive a certificate in Integrative Community Studies award by the Office of the Provost at UNCG.  Monarch College Support Services offers an array of support services for enrolled students.  (336) 334-3905 or email [info@beyondacademics.org](mailto:info@beyondacademics.org). Visit BA’s website: beyondacademics.uncg.edu

**LEADERSHIP EDUCATION IN NEURODEVELOPMENTAL AND RELATED DISABILITIES (LEND)** self-advocate advocate at the University of NC at Chapel Hill, Institute for Developmental Disabilities.

**WESTERN CAROLINA - UNIVERSITY PARTICIPANT PROGRAM (UP)** Program is an inclusive learning experience for college-aged individuals with intellectual disabilities. The goal of the program is to facilitate transition of participants from secondary to adult life with education employment, and independent living.  Integration is a key to the success of the UP program.

**RIVERWOOD THERAPEUTIC RIDING CENTER**

Offers equine assisted activities to the special needs community. [www.riverwoodtrc.org](http://www.riverwoodtrc.org/)  Contact: 336-922-6426

**SOCIAL ANIMALS**

Social program for adults that meets monthly and focuses on building friendships, play games, creating arts and crafts and enjoying pizza.  [athensgs@gmail.com](mailto:athensgs@gmail.com) <https://dsagws.org/social-animals-2/>

**SOCIAL SECURITY ADMINISTRATION**

Pays disability benefits under two programs: the Social Security disability insurance program and the Supplemental Security Income (SSI) program. 1-877-402-0828 or [www.socialsecurity.gov](http://www.socialsecurity.gov/)

**SPINA BIFIDA ASSOCIATION OF NORTH CAROLINA**

Call 1-800-621-3141 or visit the website at [www.sbaa.org](http://www.sbaa.org/)

**NC CHILDREN AND YOUTH WITH SPECIAL HEALTH CARE NEEDS HELP LINE**

Call 1-800-737-3028 for information or email [CYSHCN.Helpline@dhhs.nc.gov](mailto:CYSHCN.Helpline@dhhs.nc.gov)

**THE CENTERS FOR EXCEPTIONAL CHILDREN** (thecfec.org)

**THE CHILDREN’S CENTER**

An inclusive setting for children under age three, and a public school for children ages three to eleven. The school specializes in serving children who have orthopedic impairments, developmental delays or multiple handicapping conditions. Educational programs, physical, occupational and physical therapy services are provided. Contracts with the CDSA to serve eligible children under age three. Eligibility for children three and above is determined by the school system. Space may be available for infants and toddlers who do not have disabilities. 727-2440.

**THE SPECIAL CHILDREN’S SCHOOL**

A year-round inclusive school for children with developmental disabilities. Serving children from birth to age five years. Special services include speech, physical and occupational therapy, and nursing care. The school contracts with the CDSA to provide services for children under age three, and with Winston-Salem/Forsyth County Schools to provide services for children over age three. Some before and after school care is also available. Children without disabilities may enroll. Call 924-9309 for details.

**TRIAD FIRST IN FAMILIES (TFIF is a chapter of First in Families NC)**

Serves as a catalyst for people with disabilities & their families in NC to meet their self-determined needs and leveraging relationships and resources, and encouraging reciprocity in their communities.

The focus is on needs for which there are no other funding sources. Net income limitations. [http://triadfirstinfamilies.webs.com](http://triadfirstinfamilies.webs.com/). Call 336-757-8721 for information.

**WINSTON-SALEM/FORSYTH COUNTY SCHOOLS**

Programs for Exceptional Children provide education for eligible children with special needs, ages 3 to 21.   336-727-2083.

**WINSTON-SALEM RECREATION AND PARKS SPECIAL POPULATIONS UNIT:**

**SPECIAL OLYMPICS FORSYTH COUNTY**

Provides year-round sports training and competition in a variety of Olympic-type sports for children and adults (ages eight and up) who have intellectual or closely related developmental disabilities. SOFC offers a variety of sports, including aquatics, bocce, softball, track and field, golf, tennis, cheerleading, basketball, equestrian sports, soccer, bowling and alpine skiing. Some programs are unified events. Information: 727-2425

AQUABILITIES (OFFERED IN JULY)

Aquabilities is a program that teaches youth and adults with disabilities how to move, swim, and play in the water. Aquabilities lessons are offered on a one on one basis.  Information -727-2425

**CAMP DISCOVERY**

A summer day camp for children, ages 8 to 21 years, with developmental disabilities. Information: Carlie Pudney - 727-2425 ([carliep@cityofws.org)](mailto:carliep@cityofws.org))